

Check off the activities that you've accomplished for a special gift and to be entered into a monthly grand prize drawing.

NAME: \_\_\_\_\_ AAO-HNS ID: \_\_\_\_\_

### ENGAGE ONLINE

- Post or reply to a post on ENTConnect
- Follow @AAO-HNS on Facebook, Twitter, and Instagram
- Update your ENThealth.org 'Find an ENT' Profile

### ADVANCE CLINICAL OTOLARYNGOLOGY

- Submit an article to *Otolaryngology-Head and Neck Surgery*
- Submit an article to *OTO Open*
- Become a journal reviewer

### PARTICIPATE ON A COMMITTEE

- Apply for a committee (2018 and/or 2019 cycle)
- Attend a committee meeting as a guest at the Annual Meeting

### GET INVOLVED WITH YOUR SECTION

- Post or reply to a post on your section's ENTConnect community
- Attend a section General Assembly at the Annual Meeting
- Apply for a grant

### REPRESENT YOUR STATE/NATIONAL SOCIETY ON THE BOG

- Check the BOG Region Map to find your local/state society
- Attend the Leadership Forum & BOG Spring Meeting
- Attend the BOG General Assembly at the Annual Meeting

### BE AN ADVOCATE

(U.S. MEMBERS ONLY)

- Join Project 535
- Become a State Tracker
- Join the ENT Advocacy Network

### APPOINT LEADERS

- Vote in the AAO-HNS Annual Election (May 2019)
- Submit an award nomination form